

10K Coyote Howl Nite Trail Race

Race DateOverall Finish List

September 17, 2010

Coyote 10K

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Mark Johnson	Sterling IL	141	35	***** M 35-39	40:10	6:29/M
2	Chris Scott	Morrison IL	197	37	1 M 35-39	41:09	6:38/M
3	Tom Smith	Peru IL	133	35	2 M 35-39	41:35	6:42/M
4	John Collet	Verona IL	1	43	1 M 40-44	41:52	6:45/M
5	Matt Condron	Libertyville IL	3	44	2 M 40-44	43:18	6:59/M
6	Wescott Kelley	Normal IL	154	29	1 M 25-29	43:21	7:00/M
7	Shan Riggs	Chicago IL	57	31	1 M 30-34	43:25	7:00/M
8	Dennis Lambert	McHenry IL	60	39	3 M 35-39	43:54	7:05/M
9	Al Wade	Plano IL	16	39	4 M 35-39	44:22	7:09/M
10	Shawn Moore	Winnebago IL	155	40	3 M 40-44	44:31	7:11/M
11	Brian Rasmussen	Davis Junction IL	181	36	5 M 35-39	44:37	7:12/M
12	James Simmons	Loves Park IL	182	46	1 M 45-49	44:57	7:15/M
13	Mike Demeritt	W Chicago IL	2	49	2 M 45-49	45:40	7:22/M
14	John Mohr	Freeport IL	205	33	2 M 30-34	45:47	7:23/M
15	Mike Miller	Loves Park IL	175	26	2 M 25-29	46:05	7:26/M
16	Kenny Hillman	Cherry Valley IL	158	15	1 M 15-19	46:12	7:27/M
17	Brian Pfister	Wilmette IL	8	38	6 M 35-39	46:22	7:29/M
18	Steven Daut	Chicago IL	107	37	7 M 35-39	48:17	7:47/M
19	Ahmad Parvinian	Libertyville IL	53	23	1 M 20-24	48:47	7:52/M
20	Ed Drebes	Champaign IL	102	53	1 M 50-54	49:57	8:03/M
21	Phil Hartwig	Elmhurst IL	196	59	1 M 55-59	50:02	8:04/M
22	Luke Herbert	Mendota IL	167	44	4 M 40-44	50:07	8:05/M
23	Mike Delany	Milwaukee WI	210	49	3 M 45-49	50:15	8:06/M
24	David Boomer	South Beloit IL	149	36	8 M 35-39	50:32	8:09/M
25	Jordan Wolf	Rochester IL	51	21	2 M 20-24	50:40	8:10/M
26	Brad Born	Rockford IL	7	58	2 M 55-59	50:53	8:12/M
27	David Krueger	Janesville WIS	63	41	5 M 40-44	50:57	8:13/M
28	Kevin Fagerstrom	Roscoe IL	145	36	9 M 35-39	51:05	8:14/M
29	Bill Abel	Byron IL	59	37	10 M 35-39	51:08	8:15/M
30	Robert Willis	Clare IL	170	38	11 M 35-39	51:10	8:15/M
31	Will Thomas	Loves Park IL	190	45	4 M 45-49	51:18	8:16/M
32	John Crane	Lake In The Hills IL	189	30	3 M 30-34	51:23	8:17/M
33	Pat Johnston	Rockford IL	166	49	5 M 45-49	51:29	8:18/M
34	Tom Lichty	Monroe Center IL	4	48	6 M 45-49	52:03	8:24/M
35	Jordan Lang	Rockton IL	52	22	3 M 20-24	52:12	8:25/M
36	Scott Rollinson	Roscoe IL	11	39	12 M 35-39	52:14	8:25/M
37	Dan Rebholz	Winnebago IL	114	36	13 M 35-39	52:21	8:27/M
38	Tim Roberts	Lake Geneva WI	162	50	2 M 50-54	52:25	8:27/M
39	James Lawler	De Witt IA	194	52	3 M 50-54	52:35	8:29/M
40	Kyle Hillman	Cherry Valley IL	157	13	1 M 0-14	52:45	8:30/M
41	Phil Keating	Rockford IL	23	50	4 M 50-54	52:52	8:32/M
42	Dan Owings	McHenry IL	61	40	6 M 40-44	53:01	8:33/M
43	Mark Linhart	Rockford IL	201	41	7 M 40-44	53:06	8:34/M
44	Tony Cesario	Frankfort IL	67	46	7 M 45-49	53:10	8:35/M
45	Karyn Weber	Northbrook IL	76	44	***** F 40-44	53:16	8:35/M
46	Mike Linhart	Rockford IL	200	41	8 M 40-44	53:18	8:36/M
47	Bruce Atwood	Rockford IL	144	55	3 M 55-59	53:19	8:36/M
48	Brent Runzel	Elgin IL	129	50	5 M 50-54	53:46	8:40/M
49	Doug Turner	Rockford IL	120	43	9 M 40-44	53:50	8:41/M

10K Coyote Howl Nite Trail Race

Race DateOverall Finish List

September 17, 2010

Coyote 10K

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
50	Dwayne Staehler	Menomonee Falls	177	48	8 M 45-49	53:52	8:41/M
51	John Boothby	Rockford IL	178	45	9 M 45-49	54:04	8:43/M
52	Kathleen Yarger	Rockford IL	34	30	1 F 30-34	54:05	8:43/M
53	Brad Wolf	Loves Park IL	193	30	4 M 30-34	54:06	8:44/M
54	Mike Bates	Verona WI	202	41	10 M 40-44	54:09	8:44/M
55	Chris Whiteford	Loves Park IL	123	45	10 M 45-49	54:22	8:46/M
56	Eric Bergstrom	Roscoe IL	184	30	5 M 30-34	54:31	8:48/M
57	Francis Fraundorf	Menomonee Falls	124	52	6 M 50-54	55:01	8:52/M
58	Mike Johnson	Algonquin IL	82	45	11 M 45-49	55:06	8:53/M
59	Kristen Wade	Ionia IA	69	35	1 F 35-39	55:18	8:55/M
60	Steve Weinstock	Lake Forest IL	79	57	4 M 55-59	55:25	8:56/M
61	Dorn Peddy	McHenry IL	22	52	7 M 50-54	56:22	9:05/M
62	Don Munz	Rockford IL	111	44	11 M 40-44	56:26	9:06/M
63	Evan Norgord	Cottage Grove WI	213	40	12 M 40-44	57:13	9:14/M
64	Lenny Pilla	Freeport IL	156	46	12 M 45-49	57:17	9:14/M
65	Keith Aurand	Dixon IL	65	45	13 M 45-49	57:21	9:15/M
66	Ken Norwood	Rolling Meadows IL	24	70	1 M 70-74	57:22	9:15/M
67	Stacy Krueger	Cherry Valley IL	195	41	13 M 40-44	57:25	9:16/M
68	Amy Grady-Allington	Aurora IL	73	38	2 F 35-39	57:34	9:17/M
69	Joshua Powers	Crown Point IN	56	30	6 M 30-34	57:48	9:19/M
70	Stanley Towers	Montgomery IL	62	41	14 M 40-44	57:49	9:20/M
71	Gregg Lemkau	Carol Stream IL	186	38	14 M 35-39	57:58	9:21/M
72	Trey Fisk	Rockford IL	58	39	15 M 35-39	58:09	9:23/M
73	Thong Vuong	Rockford IL	66	46	14 M 45-49	58:12	9:23/M
74	Colleen Gaspard	Rockford IL	209	33	2 F 30-34	59:16	9:34/M
75	Lisa Mayer	Pecatonica IL	161	32	3 F 30-34	59:22	9:35/M
76	Runner Berg		198	30	7 M 30-34	59:34	9:36/M
77	Eric Wick	Roscoe IL	132	38	16 M 35-39	1:00:45	9:48/M
78	Meghan Garvin	Cary IL	78	31	4 F 30-34	1:00:55	9:50/M
79	Laura Allman	Rockford IL	183	45	1 F 45-49	1:01:04	9:51/M
80	Joyce Kortze	Rockford IL	70	50	1 F 50-54	1:01:34	9:56/M
81	Carol Wilson	Rockford IL	110	57	1 F 55-59	1:02:40	10:06/M
82	Richard Apple	Rockford IL	204	55	5 M 55-59	1:02:44	10:07/M
83	Samantha Owen	Machesney Park IL	146	33	5 F 30-34	1:02:53	10:09/M
84	Jen Wuori	Rockford IL	207	40	1 F 40-44	1:02:54	10:09/M
85	Amy Hain	Sugar Grove IL	137	32	6 F 30-34	1:03:06	10:11/M
86	Jared Zammuto	Caledonia IL	185	40	15 M 40-44	1:04:10	10:21/M
87	Paul MacAluso	Belvidere IL	104	42	16 M 40-44	1:04:19	10:22/M
88	Christina MacAluso	Belvidere IL	147	38	3 F 35-39	1:04:47	10:27/M
89	Barb Doubek	Rockford IL	128	53	2 F 50-54	1:05:09	10:30/M
90	Ed Blau	Cedarburg WI	139	34	8 M 30-34	1:05:28	10:34/M
91	Jillian Baid	Milwaukee WI	140	27	1 F 25-29	1:05:29	10:34/M
92	Isaac Smith	Cicero IN	119	17	2 M 15-19	1:05:30	10:34/M
93	Jerret Halter	Chicago IL	55	28	3 M 25-29	1:06:25	10:43/M
94	Ed Salisbury	Crystal Lake IL	80	55	6 M 55-59	1:06:32	10:44/M
95	Anastasia Andrychowski	Lake in the Hills IL	74	30	7 F 30-34	1:06:42	10:45/M
96	Karen Shearer	Crystal Lake IL	75	45	2 F 45-49	1:06:43	10:46/M
97	Alissa Swafford	Dekalb IL	125	41	2 F 40-44	1:06:46	10:46/M
98	Mark Rand	Beloit WI	171	42	17 M 40-44	1:07:46	10:56/M

10K Coyote Howl Nite Trail Race

Race DateOverall Finish List

September 17, 2010

Coyote 10K

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
99	David Verner	Aurora IL	64	45	15 M 45-49	1:07:55	10:57/M
100	Cyrstal Mitchell	Lake in the Hills IL	143	36	4 F 35-39	1:07:58	10:58/M
101	Bill Nothof	Rockford IL	101	46	16 M 45-49	1:07:59	10:58/M
102	Bruce McKendry	Dekalb IL	164	37	17 M 35-39	1:08:03	10:59/M
103	Tom Baker	MacHesney Park IL	127	67	1 M 65-69	1:08:06	10:59/M
104	Harry Brar	Indianapolis IN	134	18	3 M 15-19	1:08:10	11:00/M
105	Amy Stewart	APO AP	105	34	8 F 30-34	1:09:53	11:16/M
106	Tiffany Powell	Chatham IL	106	41	3 F 40-44	1:09:54	11:16/M
107	Jodie Jones	Caledonia IL	169	40	4 F 40-44	1:10:44	11:25/M
108	Teresa Kruger	Rockford IL	168	39	5 F 35-39	1:10:45	11:25/M
109	Robin Gialanella	Arlington Heights IL	109	46	3 F 45-49	1:11:22	11:31/M
110	Tony Gialanella	Arlington Heights IL	108	54	8 M 50-54	1:11:23	11:31/M
111	Jon Slomski	Gilberts IL	191	28	4 M 25-29	1:11:38	11:33/M
112	Jake Milligan	Crystal Lake IL	54	27	5 M 25-29	1:11:39	11:33/M
113	Brian Grant	South Beloit IL	150	31	9 M 30-34	1:11:42	11:34/M
114	Mark Glasson	Caledonia IL	153	46	17 M 45-49	1:12:17	11:40/M
115	Ann Daly	Elkhorn WI	165	45	4 F 45-49	1:12:29	11:41/M
116	Louie Slabaugh	Caledonia IL	152	35	18 M 35-39	1:12:49	11:45/M
117	Katie Wolf	Loves Park IL	192	30	9 F 30-34	1:13:20	11:50/M
118	Jennifer Whiteford	Loves Park IL	122	40	5 F 40-44	1:13:24	11:50/M
119	Mike Lynn	Des Plaines IL	159	41	18 M 40-44	1:14:01	11:56/M
120	Jim Muresan	Des Plaines IL	68	46	18 M 45-49	1:14:02	11:56/M
121	Gregory Neighbor	Hanover Park IL	160	49	19 M 45-49	1:15:33	12:11/M
122	Brian Harrison	Rockford IL	176	51	9 M 50-54	1:15:48	12:14/M
123	David Basista	Crown Point IN	103	29	6 M 25-29	1:16:50	12:24/M
124	Annie Craig	Loves Park IL	142	28	2 F 25-29	1:18:59	12:44/M
125	Jennifer Slabaugh	Caledonia IL	151	35	6 F 35-39	1:19:13	12:47/M
126	Patrick Peterson	Roscoe IL	212	41	19 M 40-44	1:19:15	12:47/M
127	Mike Peterson	Roscoe IL	211	61	1 M 60-64	1:19:25	12:49/M
128	Taka Iguchi	Loves Park IL	163	31	10 M 30-34	1:19:42	12:51/M
129	Josh Bray	Belvidere IL	187	33	11 M 30-34	1:19:43	12:51/M
130	Paul Johnson	Kenosha WI	81	49	20 M 45-49	1:20:57	13:03/M
131	Dannette Holifield	Rockford IL	174	40	6 F 40-44	1:21:05	13:05/M
132	Kim Posega	Dekalb IL	203	39	7 F 35-39	1:21:39	13:10/M
133	Norman Yarger	Belvidere IL	77	71	2 M 70-74	1:21:40	13:10/M
134	Amy Dikkers	Freeport IL	180	33	10 F 30-34	1:21:41	13:10/M
135	Tara Petticrew	Freeport IL	199	25	3 F 25-29	1:21:42	13:11/M
136	Susan Ellsworth	Stillman Valley IL	188	37	8 F 35-39	1:23:24	13:27/M
137	Varsha Kulkarni	Grayslake IL	71	46	5 F 45-49	1:25:34	13:48/M
138	Christine Davis	Montgomery IL	135	58	2 F 55-59	1:25:43	13:50/M
139	Jenni Spencer	Beloit WI	116	26	4 F 25-29	1:25:48	13:50/M
140	Sarah Sissouphanthong	Rockford IL	206	23	1 F 20-24	1:25:49	13:50/M
141	Dana Slabaugh	MacHesney Park IL	214	33	11 F 30-34	1:25:51	13:51/M
142	Erica Moore	MacHesney Park IL	215	33	12 F 30-34	1:25:52	13:51/M
143	Evelyn Smith	Rockford IL	72	50	3 F 50-54	1:29:33	14:27/M
144	Kristin Rindt	Loves Park IL	121	29	5 F 25-29	1:41:46	16:25/M
145	Timothy Futo	Chicago IL	118	27	7 M 25-29	1:41:55	16:26/M
146	Nicole Swanson	Genoa IL	117	27	6 F 25-29	1:58:45	19:09/M
147	Sue Swanson	German Valley IL	126	54	4 F 50-54	1:58:45	19:09/M